

OBC 25M 2025: Session: 1: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Tieghem Kristof

Coaches: Debeuckelaere Sindy HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 50M BACKSTROKE WOMEN						Heat:2, starttime: 09:35	
Heat: 2/6 Lane : 6 Athlete: MIGOM LOBKE						Q-time: 00:31:71	
PB (25m pool): 31.71 Ettelbruck (LUX 20 Apr 2025						PB (50m pool): 32.50 SB:	
	2 5 M		5 0 M				
PB			31.71				
	31.71						
							

Coach feedback:

Event number: 4: 50M FREESTYLE MEN						Heat:7, starttime: 09:45	
Heat: 7/8 Lane : 6 Athlete: DRUANT ANDREAS						Q-time: 00:23:17	
PB (25m pool): 23.17 Ettelbruck (LUX 20 Apr 2025						PB (50m pool): 23.84 SB:	
	2 5 M		5 0 M				
PB			23.17				
	23.17						
							

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN				Heat:3, starttime: 10:15	
Heat: 3/6 Lane : 1 Athlete: EECKHOUT FLEUR				Q-time: 01:08:50	
PB (25m pool): 1:08.50 Diksmuide 29 Dec 2024				PB (50m pool): No time SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		31.36		1:08.50	
	31.36		37.14		
					

Coach feedback:

OBC 25M 2025: Session: 1: COACH evaluation sheet for TEAM: ZB

Event number: 8: 200M BACKSTROKE MEN							Heat:2, starttime: 10:25	
Heat: 2/4 Lane : 3 Athlete: DE CRAEMER CAS							Q-time: 02:05:45	
PB (25m pool): 2:05.45 Ettelbruck (LUX 19 Apr 2025				PB (50m pool): 2:12.56 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		29.29		1:01.42		1:33.96		2:05.45
	29.29		32.13		32.54		31.49	
								

Coach feedback:

Event number: 13: 4x50M MEDLEY MIXED							Heat:2, starttime: 11:00	
Heat: 2/2 Lane : 1 Athlete: TEAM ZB 1							Q-time: 01:55:96	
PB (25m pool):			PB (50m pool): No time SB:					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: